



**NORTHEAST  
INVESTORS TRUST**

A No-Load Mutual Fund

Paying Dividends for Over 70 Years

## A Softer, Slower Landing?

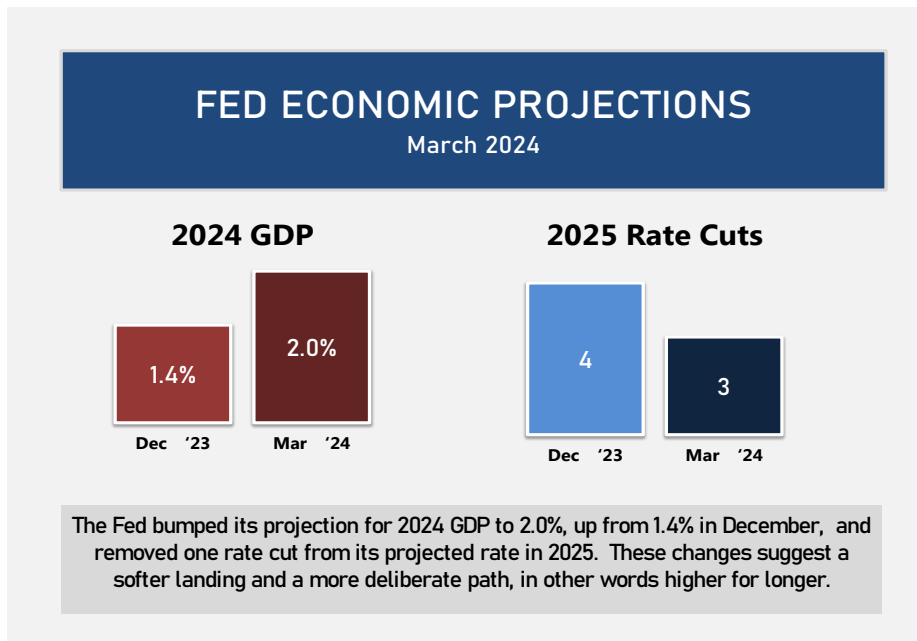
At the Federal Reserve meeting earlier this week, the Fed, as expected, kept interest rates unchanged, **but noticeably upgraded its estimate of economic growth for 2024 and removed one forecasted 2025 interest rate cut.** The bond market, which had been contemplating the removal of a 2024 interest rate cut (but less so a 2025 cut), moved short-term yields in that direction. In his press conference, Chair Powell reconfirmed his view that monetary was now restrictive and that interest rate cuts would be appropriate later this year.

Notwithstanding the dovish bent to those headlines and remarks, we see significance in the changes to the Fed's Summary of Economic Projections. In moving its 2024 and 2025 GDP estimates up from 1.4% and 1.8%, respectively, to 2.0% for both years, **the Fed further removed**

**recession talk from the dialogue and opened up for fundamental debate whether current monetary policy is indeed restrictive.** A benchmark central banking rule of thumb suggests that the appropriate interest rate is reached when both the inflation and growth/unemployment

targets are simultaneously met, a state which may soon characterize the US economy. We therefore think it was appropriate to remove a projected interest rate cut for 2025, and there might be further such reversals as 2024 progresses.

Finally, the long-run “dot” – i.e., the proxy for where interest rates will settle in the long run – was moved incrementally higher after several years of being held constant at 2.5%. **We expect the debate over this long-run target now to gain further attention in 2024.**



*Bruce H. Monrad is chairman and portfolio manager of Northeast Investors Trust (NTHX), a no-load, high-yield fixed income fund whose primary objective is the production of income. Bruce is among the longest-tenured bond fund managers in the industry, having run Northeast Investors Trust for more than 30 years.*



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Mutual Fund investing involves risk. The Trust invests in lower rated debt securities which may be subject to increased market volatility based on factors such as: the ability of an issuer to make current interest payments, the potential for principal loss if an issuer declares bankruptcy, and the potential difficulty in disposing of certain securities in a timely manner at a desired price and therefore can present an increased risk of investment loss. Diversification does not eliminate the risk of experiencing investment losses.

Falling Interest rates and bond defaults may negatively impact the Trust's distributable income. In addition, during periods of declining interest rates, higher yield securities may be called and the Trust may be unable to reinvest those proceeds in similar yielding securities. Therefore, shareholders should expect the Trust's quarterly dividend distributions to decline under these circumstances. The Trust is generally for investors with longer-term investment horizons, and should not be used for short-term trading purposes. An investment in the Trust involves risk and should be part of a balanced investment program.

**Investors should carefully consider investment objectives, risks, charges and expenses. This and other important information about the Trust is contained in the [prospectus](#) or [summary prospectus](#), either of which may be obtained by calling 1-800-225-6704 or by visiting [www.northeastinvestors.com](http://www.northeastinvestors.com). Please read either one carefully before investing.**

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